



Presbyterian Support  
Southland

# White Ribbon Day



Family  
Works  
SOUTHLAND

## The will to change

Do you have the will to help change our society?

Sometimes people see things happen but don't do anything. This is called the 'bystander effect'.

An **'active bystander'** is someone who is willing to challenge inappropriate or threatening behaviour in others. Can **YOU** be an active bystander?

Could you show others how to step up and advocate that 'violence is NOT okay'?

Could you talk to someone you think might be unsafe or needs help and ask them if they are ok?  
Could you reach out to someone if you are not ok?

Family Works [www.pss.org.nz/family-works/](http://www.pss.org.nz/family-works/)  
White Ribbon information/toolkits [whiteribbon.org.nz](http://whiteribbon.org.nz)

# TIME TO BUST SOME MYTHS

## MYTH

Family violence doesn't happen in my community.

## BUSTED

Although some risk factors increase the likelihood of family violence occurring and may appear more visible in some communities, **family violence happens everywhere.**

## MYTH

What happens in relationships is their business not mine.

## BUSTED

Family violence is everybody's business because it affects everyone. Family violence is preventable and everyone has the right to live without violence and abuse.

## MYTH

"That's just the way they are."

## BUSTED

It is a person's behaviour that is violent or abusive and they can change their behaviour. They might be violent or abusive at home, but they usually control their anger in their other relationships e.g at work.

### Read the Parable of the Good Samaritan

"And who is my neighbour?"...The expert in the law replied, "The one who had mercy on him." Jesus told him, "Go and do likewise." **Luke 10:25-37 (NIV)**